

STARS 'N' STRIPES

THE RESIDENT NEWSPAPER OF THE IOWA VETERANS HOME
By the residents, for the residents.

MISSION STATEMENT:

"To disseminate information regarding
veterans care, entertainment and goodwill."

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Veterans Home,
Marshalltown, Iowa 50158

MIKE CROSKEY STILL REIGNS!!

By Ken Wilson

Despite the local Earls and Knights trying to upset Sir Michael's castle the King and his court were able to secure the draw bridge and the throne for another two years.

Here are the four men that have been selected to run for resident council. We wish them the best and hopefully they can get down to business and will be able to help the residents with any questions or ideas to improve IVH.

President Total Votes

Mike Croskey 199

Floyd Patten 69

1st Vice President

Ken Thomas 180

Tom Prins 69

2nd Vice President

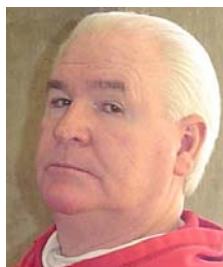
Larry Sells: 126

Eric Pederson: 119

Secretary Treasurer

Larry Gillespie: 189

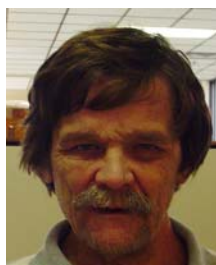
Jake Knapp : 66



Mike Croskey



Ken Thomas



Larry Sells



Larry Gillespie

Editorials and Opinions

IVH TERMS

Edward Deming, the engineer who put Japan in the lead against the USA, once said, "Don't put up banners saying you make the best ball bearings in the world if you aren't going to give employees the high quality steel and the equipment to make them."

So lets take a look at *"Care our only reason for being"*. Care is NOT the only reason for people being here. It isn't even the first reason. The first reason is for good state salaries and benefits so lets not lie about it. Maybe care comes in 3rd or 4th. Let's take a look at *"Resident Centered Care"*. "Now there is an interesting term that is bantered around quite frequently.

If we are practicing "Resident Centered Care", when they go to other states to view pod or greenhouse style housing, who do they not take residents and only staff? **Don't say it because of liability** because residents have traveled to other meetings with other commandants!!!

Let's take a look at an average day for a Heinz Hall resident.

- 1) Get up for nursing clinic which is only 30 minutes between 6:15 and 6:45
- 2) Eat breakfast at the appointed times and the food that is their, no choices.

- 3) To the medical clinic at times assign by staff which you only found out about the night before
- 4) Eat dinner at assigned times and menu food only
- 5) Pick up meds between 2:00 and 4:00 pm only
- 6) Back to supper from 4:00pm until 6:00 pm

Will somebody show me the resident centered care?? It looks very staff centered to me. So let's just call it that!!

KLW

The former resident council was accusing the opposing side of not repaying money borrowed from Resident Council funds. The former resident council **forgot to mention** that they purchased a new camera with resident council funds and did not have it voted upon at a council meeting therefore residents are not aware that this new camera is available for their use and **not just for the personal use of the executive board.**

KLW

ATTENTION RESIDENTS

If you are a resident and in need of a digital camera to use, stop in at the resident council office and check one out. **They are for your use!!**

Man on the Street

By Bill Eilers

Question: Now that we have new resident council members, is it time for them to have new ideas for IVH ?



Yes.

Ken Thomas

Heinz Hall



Yes. I think so.

Fran Logsdon

Malloy 2 South



Yes. They should have new ideas.

Bob Wallace

Malloy 2 South



Yes.

Bob Box

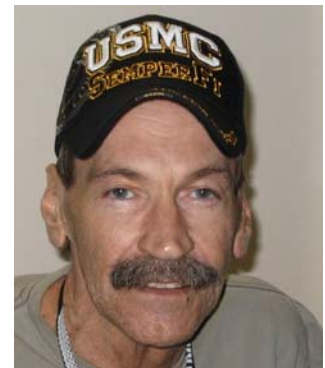
Malloy 3 North



Yes.

Jim Jenness

Dack 3



If they have good ideas, they should bring them up to the next resident council meeting.

Jay Thomasson

Statehouse Issues



*By Mark Smith,
State Representative*

Dear Friends at IVH:

The legislative session ended at about 2:45 a.m. on Saturday, April 26th. I was very tired when I got to bed at 4 a.m. We did some very good things during this legislative session. First, we developed a good budget for the Iowa Veterans Home which allows for continued quality care at IVH. Second, we secured the funds to begin the renovation project.

I believe this was good session for veterans. We established a program with the Iowa Lottery which will put the first ongoing funds into the Veterans Trust Fund. Second, we passed legislation that requires keeping jobs for returning veterans following their military service. I managed a bill that prohibits the courts from using active military service against a single parent in custody disputes. Further, we insured that there is a functioning Commission on Veterans Affairs in all 99 counties in Iowa.

These steps were long overdue and I'm glad we were able to advance these services this year.

Best wishes to all of you for a wonderful spring (that seems slow in coming!)

Here is this month's trivia question: Which Vice President wrote the musical score for the song "It's all in the game"? See answer below

-Mark



Answer: Vice President Charles G. Daves who was vice president during the Coolidge Administration

Editorials & Opinions

Tobacco Chemistry

By Dean Brown

One of the subjects seldom mentioned about the cigarette is just what is sucked into the human body when inhaling cigarette smoke. This includes the harm to everyone from second-hand smoke. According to Dr. Laura Vignaroli, a health writer for the "News & Guide" publication which states "cigarette smoke contains more than 250 chemicals harmful to humans; this includes 50 that cause cancer".

"Cigarette smoke also contains poisonous gasses and toxic metals such as hydrogen, cyanide, carbon monoxide, butane (lighter fluid), ammonia, toluene (paint thinner), arsenic, lead, chromium, and cadmium (used in batteries)". When you think of the air we breathe in general, it's a wonder people aren't sprouting air filters. Cigarette smoke has to take its place in the harm department; so does auto exhaust and industrial metals.

Things are being done to alleviate auto and industrial problem. Why not? It seems typical of the tobacco people to let the responsibility fall to legislation to clean up their act for them. This means lawmakers take the heat for smokers over wrought emotions. Then again, doing what's right is what legislators are being paid for. All is well that ends well — hopefully.

Coalition for a Smokier America

By Brett Allen Salemink

I have read letter after letter and listened to rant after rant about non-smokers rights from Dean Brown. After careful consideration and input from many other smokers I decided to address some of Dean Brown's concerns. I have taken a few excerpts from Mr. Brown's last letter and replied to them the best I can. The first excerpt is, "Upon entering life here at the Iowa Veterans Home it became very apparent to me that smokers rule the roost when it comes to smoking anywhere they please."

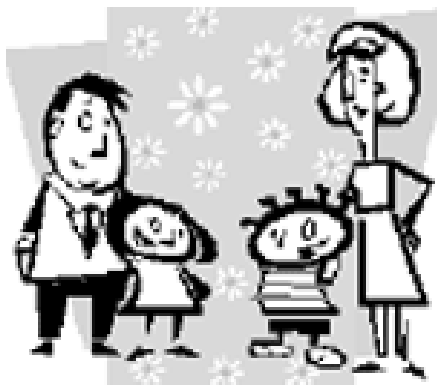
Continued on page 8

Editorial disclaimer and policies

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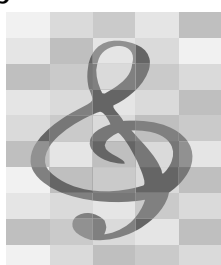
PARENTAL QUOTATIONS FROM
THE 50'S AND 60'S
PARENTAL QUOTATIONS FROM
THE 50'S AND 60'S

1. Don't talk with your mouth full.
2. Look both ways before you cross the street.
3. Just you wait.
4. Did you wash your hands?
5. What part of no don't you understand?
6. No running in the house.
7. No bouncing the ball inside.
8. And just where have you been ?



Attention Staff and Residents

There will be auditions held in June and July for the up-coming IVH Don Laughlin Music Festival. If you are interested in participating in this event, either stop by the Music Therapy room in the Dack basement or give a call to Kim Marsh at extension 330 to set up a day and time for your audition.



To The Residents Of IVH

By Floyd Patten

In the last issue of the Stars n Stripes there was something written in there that I would like to clear up. But, before I do I would like to thank all the residents who voted for me. They said I borrowed \$199.00 from the resident council two years ago, but I don't see how I could have borrowed that money when I never became president of the bowling league until April of 2007. So let me clarify what happened.

In 2006 the resident council was asked to sponsor a bowling team and they did. The sponsor's fee was \$15.00 and that was paid. And I was also told that the resident council paid for the team's sanction fees and that was \$45.00. At that time the president of the resident council should have gotten a hold of the captain of that team, or the president of the bowling league, and inform them that just because the resident council paid for their sanction fees does not mean that the resident council would pay for their bowling every week. And because that team was not informed of that, I think that the team the resident council sponsored assumed that the resident council would pay for their bowling each week.

Because the captain of that team was not informed that the resident council would not pay for their bowling every week, I feel that the responsibility to pay back the \$199.00 to the resident council, now lies in the hands of the three guys on that team.

Continued on page 18

Farmin' Like It Used To Be

By Ken Wilson

RURAL ELECTRIC COOPS

Before the Rural Electric Coop Bill was passed farmers lived an old ad ancient life compared to town dwellers or farmers who were lucky enough to live on highly traveled concrete roads where Utilities ran there main highline. The rural farm house was lit using kerosene lanterns. The outside washing machines were gas engine driven with a foot pedal starting lever. Ice boxes were used for cooling instead of refrigerators. Cream separators (used to separate cream from milk) were operated by hand by using a flywheel. Any outside light that was needed was generated by kerosene lanterns. Cows were milked by hand. Silage was forked out of the silo by hand on cold winter mornings. Water tanks were heated by burning corn cobs in a cob burning tank heater. All grain was scooped by hand using a shovel. Baby pigs were kept warm by a cob burning stove. Even in the kitchen the stove was either heated by wood or corncobs.

With the coming of electricity came a host of new inventions and time saving machines. The dairy barn saw electric cream separators along with electric milking machines. The barn was now lighted with light bulbs instead of lanterns. Water tanks gave way to water

fountains with electric heaters. The farm now had a big outside electric light on a pole know as a yard light that illuminated the barnyard for chores. The old cold job of throwing out silage by hand was now done with a silo unloader. The inside elevator of the corn crib was now driven by an electric motor. Hand scooped grains were moved by electric augers. Later on when corn drying appeared on the scene, some of it was dried electrically.

The farmer's wife's house received the most impact. The ice box disappeared and was replaced with the refrigerator. The stove could be gas or electric. The home freezer (usually the chest type) was now used instead of the local frozen food locker. The rooms of the house started to have bright electric lights. The electric vacuum appeared. Washing machines came inside the house from the wash shed and were run by electric motors. The electric iron was invented along with pressure roller ironers for sheets and pillow cases. Electric mixers lessened the work of making and baking bread. Electric skillet soon followed in the 1950's What a change.

***A BIG THANK YOU TO ALL
THE VAN DRIVERS WHO DROVE
THIS WINTER SNOWSEASON!!!***

Editorials & Opinions

Coalition

Continued from page 5

Why yes, Dean we do rule the roost and smoke anywhere we please. In fact, I am smoking a cigarette as I am typing this letter.

The second excerpt, "And they have very little regard for the feelings and health of people who have serious breathing problems." Dean, that statement is false. We have NO regard for the feelings and health of people who have serious breathing problems. In fact, I myself seek out people with serious breathing problems and light up, forcing them to move elsewhere.

Third, "Recently the front entrance way and ramp to Heinz Hall became a designated no-smoking area. It is posted in plain sight for all to see. Yet, there are cigarette butts discarded on the patio." Although the ramp and front entrance-way are designated non-smoking the patio is designated as a smoking area. As for the cigarette butts found on the patio, they were placed there just to irritate you.

Lastly, "Second-hand smoke is deadly to people with respiratory problems and it claims many lives every year." The dangers of ETS (Environmental Tobacco Smoke) are greatly exaggerated and al-

most non existent in the outdoors. Here is an excerpt from the first article I researched on:

So, how dangerous IS secondhand smoke? The most reliable data would indicate that it is nowhere near as serious a threat as elements of the media (and their supporters within academia) would have us believe. In fact, ETS is, at its most extreme, far less dangerous than numerous other indoor air pollutants such as carbon monoxide, toxic mold, and radon. sure to environmental tobacco. The biggest study on this topic, covering 39 years, and involving 118,094 adults, with particular focus on 35,561 who never smoked, and had a spouse in the study with known smoking habits, came to this conclusion:

"The results do not support a causal relation between environmental tobacco smoke and tobacco related mortality, although they do not rule out a small effect. The association between expo Coalition for a Smokier America smoke and coronary heart disease and lung cancer may be considerably weaker than generally believed."

The bottom line Dean is that the majority of smokers wish they could quit, but are unable to. In the meantime they would like to be able to smoke in peace.

Meskwaki Settlement School

By Staff Writer

On April 1st in the Malloy LRC the students from the Meskwaki Settlement School in Tama, Ia. stopped by and performed some of their traditional Native American Dances. (Photos by B. Eilers)



Poetry Page

Just Listen

This is Iowa's Veterans Home, a name
that should be known.
And yes, some of us maybe don't need
care,
But as veterans we have feelings that
staff should be aware.
Number one, you the staff should not
make rules as you go along,
Because it is because of us that you can
sing your song.
To me and many your system is all
wrong,
And I hate to sound like Rodney, but
can't we all get along?
When will you understand and see
That others have thought just like me?
The government doesn't pay your salary,
we do,
So when will you listen to us, because a
veteran will out-live you?
by Henry Hubbard

Who?

You know today seems so strange
Because everyone wants to make a
change.
Everyone has something to say about
this or that,
Only because they think they have the
biggest hat.

Their heads become so swollen that they
forget who they are,
And they send the less fortunate afar.
You see, politicians don't mean nothing
to me,
Because they only give you what you
want to see.
Yes, if you are lucky there's a politician
that can lead this country to a better
way,
But who are they to judge today?

-by Henry Hubbard

Ice Cream

By Helen Hurtt M3N

My nerves are shot
I am going to pot
I want to scream
I want ice cream
Ask them you say
I do every day
Again they say NO
So I go back to my room
I sit in this chair and wonder why
No I don't cry
I am eighty-six
I need an ice cream fix
They look at me and say
No not today
I don't cry or shout
I go to my room and pout

GETTING TO KNOW YOU — OUR STAR VOLUNTEERS —

By Rose Elsbecker

Don and Deloris Clayton

I would like to take this opportunity to introduce to you a couple that I thoroughly enjoyed visiting with, and I'm sure you will too. We have here with us at IVH just a delightful couple, Don and Deloris Clayton. Don is a hometown boy from right here in Marshalltown, and Deloris hails from Alta, which some of you may know is in the Storm Lake area in northwest IA. They have three children, Don, Dale, and Donita, and call themselves the 5 D's! You'll have to ask them about that sometime. Don and Deloris were destined to meet at the now University of Northern IA, formerly known to many as the State Teacher's College. After earning their teaching degrees at the college,

Don and Deloris were married and came to Marshalltown to teach with the public school system. Don enjoyed teaching at the high school with some of his former teachers who had shared their expertise and passed on the trade until he retired back in 1990. He now can be found faithfully popping corn every Tuesday down in the Malloy LRC together with Bob Fitzgerald. The popcorn and the fun are both free, so come on down! Don really enjoys getting to know the residents and visiting with them, so do stop down, introduce yourself and say hello anytime.

Deloris enjoyed teaching 2nd and 3rd graders at Fisher School in Marshalltown and still volunteers over at Hoglan School working with the book orders. She tells me that the kids get so excited about ordering new books. Doesn't just about everybody have a favorite book that they remember?

Nowadays, Deloris can often be found here at IVH on a daily or weekly basis, where she enjoys escorting the residents to various activities, working together with them in the Kopper Kettle, or, her favorite - going out to dinner with them. Why is this her favorite activity? Deloris tells me it's not so much going out to eat, it's the fact that the residents enjoy getting out so much and going somewhere a little bit different - just getting a change of scenery. If it makes the residents happy, then Deloris is happy too. We're glad to have you here sharing your time and talents, Don and Deloris. We'll look forward to more happy times and creating memories together. Thanks again for being a part of the IVH family!



What is wrong with this picture???

By Bill Eilers

Some time ago I had seen the fliers posted on bulletin boards for the annual Pella trip. So I signed up a friend of mine as well as myself for this trip. What really caught my eye was the mentioning that there will be hot dogs and pop for the residents and all other food will be purchased separately by the residents. We always looked forward to the free lunch that a local church sponsored every year. What the heck happened? A hot dog and a can of pop is not that filling.

Granted this might not be a big deal to a majority of residents, but for the others who are competent why weren't we asked about this decision? The recreation trips are geared towards the residents right?

For it seems at times that we are labeled as people that cannot think for ourselves. I am quite sure that a portion of the staff will gasp and say : "this is not true, we always ask resident's to give their opinion on things that pertain to them for their well being". Well, it didn't happen. It's about time that we should be included to give our input about on what we think is either right or wrong about what goes on here at IVH and not let someone else do the saying for us.

Just to say thanks...

I would like to say farewell as this is my last go-around for the Stars 'n' Stripes. I have enjoyed working with Ken, Sue, and others. I also want to say so long to staff and other residents for making my life far more interesting than I had anticipated. Take care. Bill Eilers



Enjoy
life



And Laugh
often...

LOCAL RESIDENT GETS RECOGNIZED BY POETRY. COM

By Staff Writer

Earlier this month Bob Hutchins from Malloy 3 South had been recognized by the web-site: www.poetry.com Bob's poem : "Jerusalem" was also accepted by the publication: Immortal Verses. Poetry.com had also informed Bob that their selection committee had certified his poem as a semi-finalist in their International Open Poetry Contest. Nice job Bob.

Jerusalem

That Gas!

Such putrifying stench.

Those Fumes!

Those nauseating fumes

That steal the life from gasping lungs!

"Where are you Elohim?"

"Shower time"!

They've worked us hard all day and night

A cooling shower that brings bright

Hope to daily plight.

To find "life's cure", in warming sure.

Across wide Mediterranean

In land brought back from 2000 years

I'm Jerusalem !,

Your waking call is heard

Meaning life anew for all of you

I'm your Messiah Jesus who died and rose!

To overcome satanic adversary.

"Peace Jerusalem"

For What It's Worth Attention Residents...

For those who do not know, Volunteer Services has made the Rehab Office in the Malloy building the place to pick up postage stamps, and phone cards.



Chapel Events for May

Videos for May are:

Videos-Tuesdays at 3:00 pm:

**Christianity and World Religions:
Wrestling with Questions People Ask**

May 6: Hinduism

May 13: Buddhism

May 20: Islam

May 27: Judaism

A Special Day for Anieta

By Sue Sumpter

John Davids from Malloy 2 North pulled off a great surprise for his wife Anieta on April 10 at the "Spring Dance". Before the Dance began he took the floor and asked his wife, Anieta to join him. He then proceeded to pin a corsage on her (with the help of Dena Farland, recreation) and sang 'Could I Have This Dance'. From the look on her face, she was surely surprised. She even sang along with John, and yes they had their 'first' dance for spring!

Here is the words to the song they performed

Could I have this dance for the rest of my life? Would you be my partner every night?

When we're together, it feels so right. Could I have this dance for the rest of my life? I'll always remember that magical

moment when I held you close to me. 'Cause we moved together, I knew forever, You're all I'll ever need. Could I have this dance for the rest of my life? Would you be my partner every night? When we're together, it feels so right. Could I have this dance for the rest of my life?

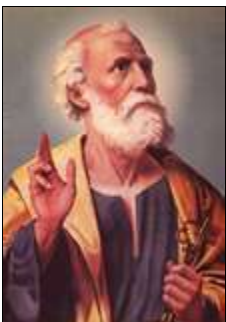


Midwest Phrases

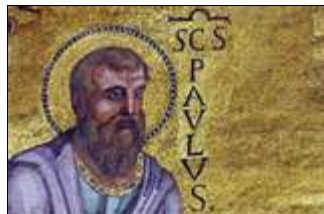
By Ken Wilson

Midwest phrases are taken from the book: *"HOG ON ICE" By Charles Earle Funk* This Month's Phrase is: Rob Peter to pay Paul

Speculation has been rife for centuries over the origin of this common saying; every avenue has apparently been explored, but the original allusion is still a mystery. In English it dates back at least to the fourteenth century; the French have a similar saying at least as old, and there is, in Latin, a twelfth-century phrase, "Tanquam si quis crucifgeret Paulum ut redimeretm Petrum, (As it were that one would crucify Paul in order to redeem Peter)." The verbs have varied from time to time, depending upon the desired application. Thus we find that one has borrowed from or unclothed Peter to pay or clothe Paul, but "rob' is the oldest English usage, so recorded in *Wyclif's Select English Works*, written about 1380. The thought has always been, to take something (usually money) that is needed for on purpose and use it for another.



SAINT
PETER



SAINT PAUL

Tidbits by Marie

By Marie Molloy

There are a couple of things you can do to join the "greener world" movement. One is to turn of the faucet when you are brushing your teeth an use a glass of water instead. Another is to take a shorter shower, yes, little things, but multiplies by all 700 plus residents it can make a difference. Another step to take to save power is to buy the new compact fluorescent light bulbs. Which use less power and last three years. I know for sure because I use them.



Improving Your Vocabulary

Do you know the definitions of these words?

1. Aberration
2. Loutish
3. Brusque

Answers on back page.

Local Farmer Receives Approval From The USDA To Produce Prepared Poultry On A Stick

By Staff Writer

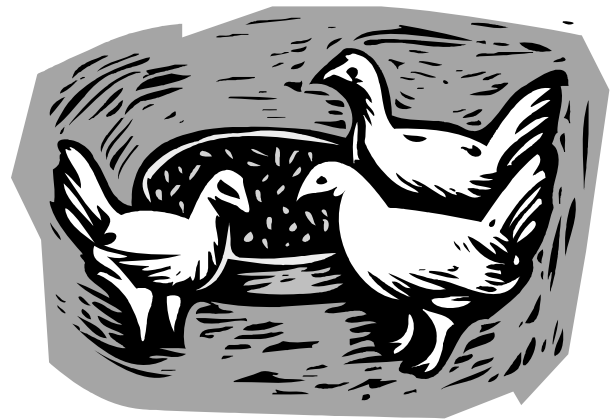
Dan Vanderoost a farmer from Marshall County has created prepared poultry on a stick. Dan's inventions in the past like: tractors that are fueled by swine fat, wind power created by a persons hot air, etc. they all had failed. But finally he overcame his failures and concentrated on this new invention. So an approval was granted by the FDA and the USDA.

Dan's prepared poultry is a step by step procedure. First off he raises the chickens like any other chicken farmer with the exception of using a semi-watered feed that contains ingredients to have the chickens loose their feathers, legs, combs all in a matter of an hour. While this is taking place, Dan grows hydroponic bamboo plants that harvest into durable canes that an adhesive for these prepared chickens

Once the chickens are finished, Dan and some other local farmers place them on baker's racks and send them off to a nearby farm that is refrigerated equipped to hold a temperature of minus 30 below. This is called the flash frozen step. Once this step is completed, Dan and the others deliver the load onto semis that are equipped with freezers.

From there the trucks head out to coast to coast super markets, deli's, and fine dinning restaurants like: Emerill's, Wolfgang Puck, etc. Heck, even organic farmers jumped on the bandwagon to get hold of this product. This was a honor for Dan. So once you get hold of this product you will be amazed and thankful that you don't have to do all this work to feed you family or yourself.

We salute you Dan Vanderoost in you achievement as farmer and a vital link in farming and agriculture.



April Fools... We had you going for a while didn't we ?

Here We Go Again

Opinion by Loren Martens

In a "perfect" world, when a person repeatedly tells lies, and is then confronted with the truth, you would hope that the person would learn their lesson and refrain from lying again. Clearly, we do not live in a perfect world.

In the "Friday Sheet" of April 18th, the commandant of IVH claimed that the new anti-smoking law (the "Smoke free Air Act", HF2212), as recently signed by the governor, will prohibit all tobacco use by IVH staff and visitors (even including chew and snuff!) on IVH grounds, and residents will be limited to smoking in designated indoor smoking areas. Fortunately for the staff, visitors, and residents who use tobacco, but *unfortunately for our commandant's credibility*, this claim by our commandant is *entirely fictitious and untrue*.

No doubt it was assumed that no one would bother to actually *read* this new law. But I *have* read it, and the law is quite clear. The truth is: 1) section 142D.4, titled: "AREAS WHERE SMOKING NOT REGULATED" in paragraph 11, simply says "The Iowa veterans home." 2) the law says *nothing* about tobacco use when it is not smoked. Note that there is *nothing* about residents, staff, indoors, outdoors, etc., only that ***smoking is NOT regulated at IVH!*** (There

may be federal regulations that apply, but clearly NO state regulations regarding smoking tobacco apply to IVH.) Any claim to the contrary is a lie, pure and simple.

Not only that, but I discovered that paragraph 4 of this same law gives another exemption: "Private and semiprivate rooms in long-term care facilities, occupied by one or more individuals, all of whom are smokers and have requested in writing to be placed in a room where smoking is permitted, provided that smoke from these locations does not infiltrate into areas in which smoking is otherwise prohibited under this chapter."

Or, to put it in plain English, *there is NO legal barrier to IVH setting up "smoking floors" where residents of those floors could smoke in their rooms!* (as long as the smoke is confined to those floors.)

The current IVH administration likes to *talk* about "resident-centered care" and enabling residents to enjoy the same lifestyle that they enjoyed before coming to IVH. That is certainly a nice thought, but at IVH it is *only a thought*. Instead, the current administration has continued to demonstrate its total lack of concern for the wishes of residents and staff alike. Shame, shame, shame on you.

Residents of IVH

Continued from page 6

But, I also think the responsibility to pay back the \$199.00 to the resident council lies in the hands of the executive board. Because they did not inform that team the resident council would not pay for their bowling each week.

Now as far as the raffle for the bowling league goes, no one on the executive board of the resident council was giving any information on the number of tickets that was sold. And as far as the \$110.00, we were not short. It said that the prizes were not giving out during the raffle and that was because if they would have spent the money for a ticket they would have known they did not need be present to win. And if you did win we would get your prize to you. Nothing was given away prior to the raffle that was not authorized. Anything that was given away was stuff given to us by the recruiters and they told us to give it to the veterans at IVH.

As far as the comment calling us irresponsible. I think before anyone writes anything about myself or anyone else they better have their facts straight. And as far as being responsible, the executive board

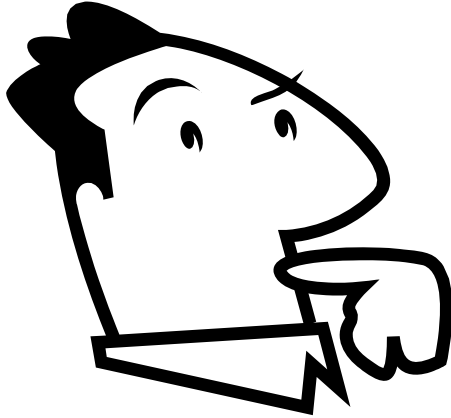
has been running your resident council, and are still running your council, with by-laws that are not signed. So I do not think that is being very responsible. But, please make up your own mind. And how about the executive board purchasing items without approval of the resident council. What about the president taking the money out of the resident council funds to give it to a resident who had to give it to two other residents who gave the first resident money to buy them cigarettes, but used the money to go gambling. When the president was asked why he took the money from the Resident Council fund to pay back the 2 residents, it was because they thought that it was an emergency because the 2 residents would be out of money. Let me explain. The only way a resident can borrow money out of the resident council fund is in case of an emergency.

And I do not see where that was an emergency. But once again please make up your own mind. Because it was not reported at the next resident council meeting and to me that is not being very responsible. But once again please make up your own mind. Again I want to thank all of you who voted for me.

Thinking Out Loud

By Ken Wilson

- 1) State salaries must be good. Many residents have commented on some of the employee cars in the parking lots. Some pretty fancy stuff out there. Even saw a Lexus and a Cadillac. You can't do that on \$120 per month.
- 2) Once again I want to thank the men and women who drive the vans. What a winter. The weather varied so much between here and Iowa City and Des Moines that you never knew what you would get you on the other end. Very icy roads also. Also with new and bigger buses that they weren't familiar with. **THANK YOU!!!!!! Good job guys and gal!!**
- 3) Are we supposed to have resident centered care now or does this all come later???
- 4) It seems to me that the Public Smoking Law says IVH is exempt PERIOD. It doesn't say anything about residents smoking in smoking rooms only or no employee smoking outside. It just says we are EXEMPT.



In Memory of David "Sonny" Johnson

5/31/1946 – 4/10/2008

By Sue Sumpter

You walked into our lives with
smiles a glow

Willing to do anything, even to mow

No longer are you with us and this
brings sorrow

You will always be remembered to-
day, always and tomorrow



What's New In The Peterson Library

Books:

The World Almanac and Book of Facts
2008

Become a better you path/Joel Osteen
Nolo's simple will book/ Denis Clifford
Three cups of tea/Greg Mortenson

CD's

The Appeal/John Grisham

Remember me?/Sophie Kinsella

Strangers in death/J.D. Robb 1950-

DVD's

Alone in the dark

Beowulf

The Big country

Black water

Broken arrow

Bruce almighty

The covenant

The Da Vinci treasure

The descent

DOA

Double jeopardy

The elephant man

Earagon

The final countdown

From here to eternity (video recording)

Fun with the fab four

Gabriel

Ghost rider

Hitman

Legend of the black scorpion

Live free or die hard

Mafia

DVD's continued

Master and commander

The new adventures of Heidi

Ocean's twelve

Pathfinder

Planet terror

The Sackett's

Sands of oblivion

The seeker

Shackelton

Shanghai noon

Sharpshooter

Sky high

Sophie's choice

Stardust

TV westerns 57 episodes collections

Books

Duma key/Stephen King

Honor thyself/Danielle Steel

The pillars of earth/Ken Follett

Plum lucky/Janet Evanovich

7th heaven/James Patterson

Lady killer/ Lisa Scottoline

The south beach diet/Arthur Agatston
M.D.

VHS

Batman returns

Hook

Meet Joe Black

Outland

Indiana Jones and

the last crusade

Jurassic park

Secrets of war series> VHS

Sworn to secrecy:

Ultra

Cold

Hunt

Cold

O.S.S.

D-Day

Battle

Nazi

Sitzkreig

Gulf

Let's Play Ball

By Staff Writer

Well folks, once again it's that time for Little League Softball at Veterans Field at IVH.

Wed. May 7th 5:30 pm Dodgers vs. A's (Majors)

Thurs. May 8th 5:30 pm Mudcats vs. Hooks (Minors)

Wed. May 14th 5:30 pm Mets vs. A's (Majors)

Thurs. May 15th 5:50 pm Lugnuts vs. bats (Minors)

Sat. May 17th Noon Yankees vs. Angels (Rookies)

Tues. May 20th 5:30 pm Jaxx vs. Hounds (Minors)

Thurs. May 22nd 5:30 pm Dodgers vs. White Sox (Majors)

Wed. May 28th 5:30 pm Cardinals vs. Yankees (Majors)

Thurs. May 29th 5:30 pm Hooks vs. Mudcats (Minors)

Wed. June 4th 5:30 pm White Sox vs. Cardinals (Majors)

Thurs. June 5th 5:30 pm Bats vs. Lugnuts (Minors)

Sat. June 7th Noon Mets vs. White Sox (Rookies)

Wed. June 11th 5:30 pm Cardinals vs. White Sox (Majors)

Thurs. June 12th 5:30 pm 5:30 pm Lugnuts vs. Mudcats (Minors)

Mon. June 16th 5:30 pm Yankees vs. White Sox (Rookies)

Thurs. June 19th 5:30 pm A's vs. Rockies (Rookies)

Sat. June 21st Noon A's vs. Pirates (Rookies)

Mon. June 23rd 5:30 pm Yankees vs. Mets (Rookies)

Tues. June 24th 5:30 pm Hounds vs. Jaxx (Minors)

Wed. June 25th 5:30 pm Yankees vs. Mets (Majors)

Thurs. June 26th 5:30 pm bats vs. Hooks (Minors)

Contact Larry Lemker at ext. 536 with any questions.



Gerhardt's Laugh Line

Italian Food!

The customer in the Italian Restaurant was so pleased that he asked to speak to the chef.

"Your veal parmigiana was superb," the customer said. "I just spent a month in Italy, and yours is better than any I ever had over there."

"Naturally," the chef said. "Over there, they use domestic cheese. Ours is imported."



**IF YOU READ
THIS PAPER,
YOU ARE
WELCOME TO
WRITE FOR
THIS PAPER!**

Poems, editorials, informative articles, entertaining articles, and photographs of general interest are all welcome!

(All copyrighted material MUST have written permission to copy.)

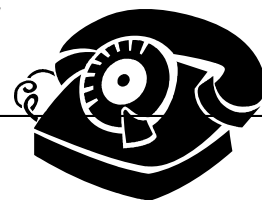
WANTED...

A left-handed guitar. If anyone has a used one that they want to sell contact Kim Marsh at extension 330.



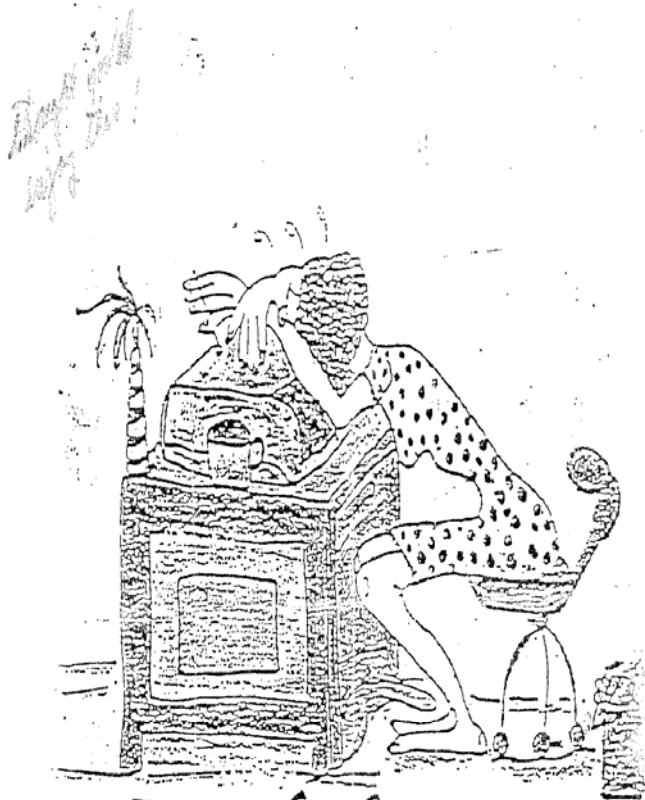
Our Comment Line is 777. Please call us with your comments, ideas or suggestions about the Stars 'n' Stripes. We'd love to hear from you.

For routine office calls, Please use extension 794.



If you wish to be removed from our mailing list or know someone who would like to be added to our mailing list please contact us at 641-752-1501 ext 794 or email us at starsnstripes@yahoo.com

Cartoons and Humor



GOD I LOVE THIS PLACE

Please be patient, - I only work here
because I am too old
for a paper route -
too young for social security
+ too tired to have an affair

From Myrna Inman / Malloy 2 North



Potholes and nagging mother-in-law's have a lot in common. No matter how much you try to get rid of them they always come back.



Ahhh Springtime. We all know what this means; it's Pothole Season Folks. So let us pay homage to these annoying rights of passage of Spring and fill them, fill them all, those dirty little so and so's.

Quiet Reflections



Answers to Improving Your Vocabulary

1. Wandering
2. Boorish
3. Abrupt

Editor-in-Chief: Bill Eilers

Circulation Manager/Photos/Cartoonist: Ken Wilson

Contributing Writers: Ken Wilson, Bill Eilers, Henry Hubbard, Marie Molloy, Rep. Mark Smith, and various IVH staff.

News: 641-752-1501, ext. 794. You can email us at

ivhstarsnstripes@yahoo.com Or leave a message on the comment line ext. 777



A newspaper is not just for reporting news, it's to get people mad enough to do something about it. -- Mark Twain

